



UNEMPLOYMENT, MEDICAID, PUBLIC ASSISTANCE, WIC AND FOOD ASSISTANCE

Sources of HELP to know about during the COVID-19 pandemic.

- UNEMPLOYMENT INSURANCE - If you are laid off or your employer is not giving you work hours, you should apply for unemployment insurance online at <https://kcc.ky.gov/Pages/default.aspx> or by phone at 502-875-0442.
- MEDICAID - If you need health insurance, you should apply for Medicaid by calling the Kentucky Healthcare Customer Service line toll-free at (855) 459-6328 or contacting an application assister through the Kentucky Health Benefit Exchange website at <https://healthbenefitexchange.ky.gov/Pages/index.aspx>.
- PUBLIC ASSISTANCE - If you need other public assistance like SNAP (Food Stamps) or K-TAP (cash assistance for needy families with children), you should visit the Benefind website at <https://benefind.ky.gov/> or call DCBS Call Center toll free at (855) 306-8959.
- WIC - To see if you might be eligible for WIC, you should visit WIC screening tool at <https://wic.fns.usda.gov/wps/pages/preScreenTool.xhtml>. If you think you might be eligible, you should contact your local health department for more information on enrolling. You can find a list of health departments at <https://chfs.ky.gov/agencies/dph/dafm/LHDInfo/AlphaLHDListing.pdf>.
- FOOD ASSISTANCE - If you need food, there are food pantries in your county that might be able to help. For a list of food pantries in your county, please visit <https://godspantry.org/help/> and click on your county.

If you need help with any of the programs mentioned above, please contact AppalReD Legal Aid. Our offices are currently not accepting walk-in applicants, but you can apply online for our services at

www.ardfky.org or call 1-866-277-5733



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Legal Aid