

# The simple change that could get affordable food to the poor people who need it

## The simple change that could get affordable food to the poor people who need it

The Washington Post

There's an elegant solution to help poor people overcome a problem that can leave them both hungry and unhealthy. [Read the full story](#)

Last updated on July 18, 2016.

Print

Table of Contents

NEWS

News & publications

[More News](#)

6 Mar 2026



AppalReD Legal Aid offering free estate planning, title clearing clinics

(WYMT) -AppalReD Legal Aid is hosting free legal assistance clinics offering...

[Continue Reading about AppalReD Legal Aid offering free estate planning, title clearing clinics](#)

4 Mar 2026



KY lawyer John Rosenberg receives national honor for his commitment to justice

Excerpted from The Kentucky Lantern's February 23rd online edition.Kentucky...

[Continue Reading about KY lawyer John Rosenberg receives national honor for his commitment to justice](#)

16 Jan 2026

Disaster Preparedness Clinics

AppalReD is helping with the paperwork side of disaster preparedness during an...

## [Continue Reading about Disaster Preparedness Clinics](#)

---

*PDF downloaded from <https://www.ardfky.org/node/100/simple-change-could-get-affordable-food-poor-people-who-need-it>*